Eyelash Extension Aftercare Instructions

During the initial 24 hours after your appointment:

- Avoid steam, hot showers, facials, saunas and swimming pools
- Do not use the spa tanning bed or overexert yourself the adhesive bond needs this time to fully cure without corrupting interactions. Spray tanning is allowed, if eyes are shielded.
- Do not get your lashes wet for 24 hours after each application. This affects the strength of the adhesive bond. After the first day, daily cleansing is a must. Use an extension-safe cleanser to remove makeup, dirt, oil, bacteria, etc.

Taking care of your Eyelash Extensions:

- Avoid rubbing your eyes, petting, picking or pulling your lash extensions.
- Do not use an eyelash curler while wearing eyelash extensions.
- Proper hygiene is one of the most important steps in maintaining your extensions. Please wash your lashes daily with an eyelash extension safe cleanser.
- All products used around the eye area should be oil-free. Any oil-based product (eyeliner, eyeshadow, eye cream, medication, ointment, salve, concealer, foundation, etc) near the eye area will break down the adhesive resulting in poor retention.
- Use caution when applying creams and moisturizers around the eye area. Try applying these products 1-2 hours before bedtime to allow the skin to absorb the product, before closing your eyes for bed.
- Keep lashes away from high heat (flames, BBQ's, ovens— especially when roasting vegetables, open oven, look away, let steam escape, then turn back to the oven) Lash extension tips can burn and melt because of the synthetic fibers they are made out of.
- We recommend sleeping on your back if possible or side. If you sleep on your side, try to lay on the edge or corner of your pillow.
- Avoid water-proof eye makeup, it makes cleansing the lashes very difficult and may cause excess shedding,
- After cleansing your lashes, washing your face and showering, dab with a tissue to dry them. Avoid using cotton pads and/or rounds and q-tips, as the cotton will snag and fibers can wrap around and adhere to the lashes. Then brush through your lashes.
- Please no mascara! It's very hard to remove, breaks down adhesive form previous application and interferes with the bond of your next fill. Please arrive without eye/under-eye makeup, which interferes with proper bonding and may cause retention issues.
- Since it's totally natural for us to shed 3-6 lashes daily per eye, we recommend regular touch-up appointments every 2-3 weeks to maintain desired fullness. If you wait more than 4 weeks to get a fill or have less than 50% of your extensions remaining, a full set will be required.
- If you have any concerns or questions about unusual symptoms, please contact Olivia immediately or consult your physician.

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